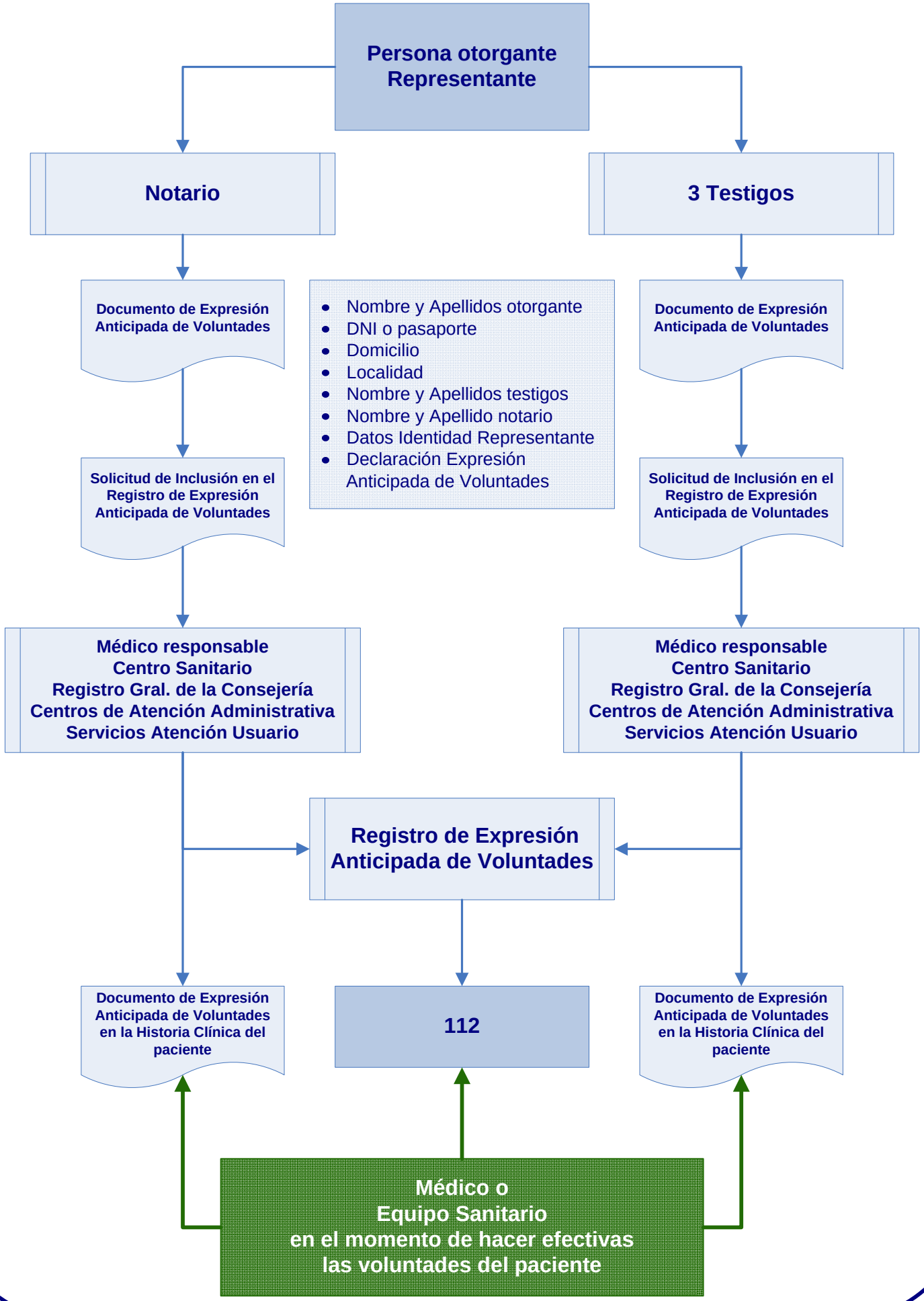Documento de Expresión Anticipada de Voluntades